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Research Paper

A Worldwide Analysis of Transformational Leadership Reactions to the COVID-19 Epidemic

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ABSTRACT	Manuscript Info.
Leadership is demonstrated by meaningful acts that motivate followers to achieve organisational goals effectively and within predetermined time frames. It should not be seen as solely a formal process or an organised training program. Although everyone agrees that leadership is important, its actual depth and efficacy are most apparent during times of both planned and unplanned disasters. Effective leadership is frequently indicated by organisational growth and future prospects, but a leader's true strength and character are most evident in challenging situations. Organisations all across the world faced previously unheard-of difficulties as a result of the COVID-19 epidemic, which led to a drop in productivity and raised grave questions regarding long-term viability. While many others battled to survive and, in some cases, completely left the market, organisations with sufficient financial reserves and backup plans were able to weather the disruption and maintain their competitiveness. At the same time, workers—especially those at the middle and lower levels—faced severe hardships, such as unpaid or delayed salaries, longer workdays, pay cuts, and job losses. In light of this, the current study explores how leaders might assist staff members in times of crisis by implementing transformational leadership techniques. Even in trying times, this strategy can maintain employee commitment, protect organisational values, and stop the deterioration of trust. By encouraging motivation and emotional fortitude, transformational leadership is essential to long-term organisational stability and crisis readiness.	✓ ISSN No: 2584- 184X ✓ Received: 13-09-2025 ✓ Accepted: 26-09-2025 ✓ Published: 30-10-2025 ✓ MRR:3(10):2025;74-79 ✓ ©2025, All Rights Reserved. ✓ Peer Review Process: Yes ✓ Plagiarism Checked: Yes
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KEYWORDS: long-term sustainability, organisational motivation, employee safety and retention, Covid-19 epidemic, and transformational leadership.

1. INTRODUCTION

There are many internal and external elements that affect an organization's effectiveness, but leadership is still the most important issue. While ineffective and uninspired leadership can contribute to the decline of an otherwise strong institution, talented and energetic leadership can help even a weak organization survive and grow. Leadership approaches often fall into two major categories in the majority of businesses. The main characteristics of transactional leadership are short-term goal orientation, organized processes, and oversight. This method is one of the most common leadership styles in corporate settings because it motivates workers through well-defined systems of rewards and penalties. On the other hand, transformational leadership is comparatively rare and typically manifests itself at times of organizational stress or crisis that impact both institutions and employees. Bringing about significant change in both individuals and the larger organizational and societal environment is a key component of transformational leadership. Fundamentally, this leadership approach encourages good change by motivating subordinates to rise above self-interest and progressively become leaders. Employees' motivation, morale, and performance are greatly enhanced by transformational leadership when it is applied authentically. These include matching a person's identity with the organization's objective, setting an example of trustworthy behavior, motivating staff to take on more responsibility, and identifying each person's skills and weaknesses in order to assign responsibilities that optimize effectiveness. In order to demonstrate transformational leadership's crucial role in overcoming organizational obstacles during the COVID-19 pandemic, the current paper investigates the conceptual framework and essential components of transformational leadership and looks at a few case studies from various economies.

2.0 STUDY OBJECTIVES

The goals of this research report are as follows:

1. To Investigate the Idea of Transformative Leadership and Evaluate Its Many Methods.
2. To Create a Comprehensive Framework That Clarifies the Essential Elements of Transformative Leadership.
3. To Examine Specific Case Studies from Various Economies That Highlight the Importance of Transformational Leadership in the Context of the COVID-19 Pandemic.

3.0. Methods of Research

All the data used in this study is secondary. A variety of scholarly sources, including research articles, scholarly publications, published reports, and reliable internet resources, were used to compile pertinent data. To obtain a thorough grasp of the concepts, aspects, and real-world applications of transformational leadership, a thorough analysis of the body of current literature was conducted. In order to evaluate the efficacy of transformational leadership in handling organizational and financial difficulties during times of crisis, especially during

uncertain and panicked times, a few economies were also investigated through case study analysis. This methodology makes it possible for the study to derive significant conclusions about how transformational leadership promotes stability, resilience, and favorable results under challenging circumstances.

4.0 Knowledge of Transformational Leadership Methods

The term "transformational leadership" is a leadership approach that strengthens followers' values, attitudes, beliefs, and perceptions in accordance with organizational goals in order to inspire and encourage them. Trust, sincerity, and moral behavior are the cornerstones of this style of leadership. Transformational leadership is not as common as normal leadership techniques; it becomes especially pertinent when workers are depressed, disengaged, or uncertain, and when the company is facing significant obstacles to survival. In order to reenergize and reposition their supporters in such dire circumstances, leaders must undergo personal metamorphosis. They must foster confidence and a sense of purpose among staff members while assisting them in realizing the seriousness of the situation. Increasing people's motivation and morale above and above what is often expected is a difficult undertaking that calls for intentional effort. This can be accomplished by fostering innovative and encouraging interactions with staff members and persistently pushing them to surpass traditional performance benchmarks.

During times of organizational or financial crisis, the importance of transformational leadership is most apparent. Leadership duties are frequently restricted to routine management and goal achievement in stable environments. But the fast shifting global landscape, especially during the COVID-19 epidemic, has highlighted the value of proactive leadership, stressing the idea of foreseeing obstacles before they materialize. Organizational deterioration and labor instability resulted from many leaders' inability to adjust to the pandemic's enormous upheavals. As a result, the crisis grew beyond issues related to public health and became a significant organisational and financial challenge. Businesses that showed adaptable and transformative leadership by switching from traditional tactics to more customized and employee-centered approaches were able to successfully traverse this challenging time. They were able to maintain employee dedication, efficiently adapt to market needs, and guarantee long-term organisational resilience thanks to this transition.

Transformational leaders typically employ four strategies:

Figure 1: Transformational Leadership Techniques



Core Factors of Transformational Leadership

Four interconnected factors that together affect employee attitudes, behavior, and performance are frequently used to explain transformational leadership. Together, these elements form a powerful, people-focused, and values-driven leadership style that is particularly successful in times of uncertainty and crisis.

Idealized Influence

The ability of a leader to serve as an example and gain the respect, trust, and admiration of followers is known as idealized influence. These executives have a strong dedication to company values, integrity, and high ethical standards. Leaders who set a good example are more likely to be imitated by their staff because their moral behavior and consistency foster trust and loyalty within the company, especially in trying circumstances.

Inspirational Motivation

Inspirational motivation entails outlining a captivating vision that motivates staff to strive toward common objectives. Transformational leaders inspire followers beyond short-term self-interest through optimism, zeal, and meaningful communication. Leaders inspire their staff to stay resilient and focused in the face of adversity by establishing high standards and cultivating a sense of purpose.

Individualised Consideration (Individual Concentration)

This dimension places a strong emphasis on giving employees' needs, goals, and abilities individual attention. As mentors and coaches, transformational leaders acknowledge individual differences and offer customised support and encouragement. Personalised engagement like this boosts commitment, confidence, and employee satisfaction—all of which are especially important in times of organizational crisis. Intellectual Stimulation Innovation, creativity, and critical thinking are all fostered by intellectual stimulation. Leaders encourage problem-solving, question preconceived notions, and allow staff members to provide fresh concepts without fear of repercussions. Transformational leaders help organizations to effectively adapt to complex issues and changing circumstances

by cultivating a learning-oriented atmosphere. Together, these four elements serve as the cornerstone of transformational leadership, which helps businesses maintain staff morale, spur innovation, and achieve long-term stability—particularly in times of crisis like the COVID-19 pandemic.

5.0 Using Integrated Leadership to Address the COVID-19 Epidemic

One theoretical viewpoint is insufficient for leadership in a crisis like the COVID-19 epidemic. Instead than being mutually exclusive, strategies like trait-based leadership, behavioral or style-based leadership, and contingency leadership work well together. A leader's efficacy in a crisis is influenced by a number of factors, including their personal qualities, the needs of the circumstance, external influences, and how well they engage with both public and private stakeholders. Therefore, integrating several leadership perspectives into a cohesive and flexible approach is necessary for effective crisis leadership. Narrow self-interests, slow decision-making, and a lack of coordination affected many political and administrative entities worldwide throughout the epidemic, which greatly increased death rates and caused economic hardship in a number of economies. When faced with major public health catastrophes, these flaws demonstrated the inadequacies of traditional leadership approaches. On the other hand, circumstances that call for teamwork, shared accountability, and moral dedication are more likely to produce transformative leadership. When it comes to addressing crises like COVID-19, such leadership is especially successful at encouraging collaboration and coordination among important societal actors. A transformative and open-minded leadership style becomes crucial in this situation. In addition to aligning various stakeholders and putting the public good ahead of personal or political gain, leaders must transcend institutional borders. Effective cooperation and coordination across three important societal groups is crucial to the development of a critical integrated leadership framework for handling the COVID-19 problem. These groups' combined efforts facilitate prompt decision-making, effective resource mobilization, and ongoing public trust—all of which are essential for controlling and lessening the pandemic's effects.

1. The Leaders 2. The Functionaries 3. The Admirers
Leaders: Because they must make prompt, strategic judgments in the face of uncertainty, leaders are the most important and decisive players in crisis situations. Similar to a quickly spreading wildfire, the COVID-19 pandemic can be contained in certain places, but as long as underlying vulnerabilities exist, the issue will continue. In these situations, leaders' main duties are to foresee hazards, create thorough plans, and provide a centralized framework for strategic action. To guarantee efficient coordination across different levels of government, precise goals and well-defined norms are crucial. Middle-level officials at the state and federal levels may find it difficult to mobilize personnel and distribute health and medical resources effectively and within the necessary time period without clear guidance from upper management. For crisis management to be effective, a clear vision and strategic plan must be established.

Functionaries: With extensive economic and social ramifications, the COVID-19 pandemic is principally a public health issue. Coordinated efforts between public and private employees are therefore essential. To accomplish common goals, stakeholders from industries like healthcare, business, finance, and economic planning must work together. Health spending must be balanced with more general economic and social welfare issues in order for government finance bodies to evaluate and distribute resources. The pharmaceutical sector, which frequently undertakes high-risk research and development activities despite unknown or limited short-term financial returns, plays a critical role in the development of vaccines and therapies. This kind of teamwork among employees guarantees that policies are implemented effectively and fortifies the whole crisis response system.

Admirers: (Citizens and Society) The public, whose collaboration and trust are crucial to the success of any crisis management approach, are the admirers of the leadership process. Policies, rules, and directions issued by government authorities and implementing agencies are expected to be actively followed by citizens. In order to reduce the transmission of infectious diseases, proactive public participation—through adherence to preventive measures, responsible social behaviour, and personal preparedness—is essential. Empirical data from the epidemic shows that public reaction has a significant impact on how well institutional strategies and leadership choices work. The effectiveness or failure of treatments is greatly influenced by individual and group behaviour, which in turn determines the total risk reduction during a pandemic.

6.0 Case Studies Showing Transformational Leadership's Significance During COVID-19

Insufficient Handling of the COVID-19 Epidemic: The UK

The UK's experience during the first wave of the COVID-19 epidemic serves as an example of how crisis management can be compromised in the absence of transformational leadership. In this instance, all three major stakeholders—leaders, employees, and citizens—showed serious flaws, which led to a decline in

public confidence and an inadequate pandemic response in the initial stage.

In charge The UK government's leadership strategy in the early phases of the epidemic was heavily criticised for its inconsistent and slow decision-making. At first, Prime Minister Boris Johnson misled the public by underestimating the virus's seriousness. Effective policy formation was further hampered by a lack of interaction with a wide spectrum of behavioural scientists, public health specialists, and local government representatives. Public trust in leadership was damaged by frequent policy reversals and ambiguity. Public approval ratings thus fell precipitously in the middle of 2020, indicating general discontent with the way the government handled the situation.

Employees: The National Health Service (NHS) and a few scientific advisory committees were the main centralised institutions used in the UK's institutional response processes. Despite having a large testing capacity, operational inefficiencies, bureaucratic disputes, and poor coordination caused delays, including the outsourcing of sample testing to other nations. Long-term care facilities, whose senior populations were particularly vulnerable, also received little attention. The efficacy of frontline healthcare responses was further undermined by the inadequate mobilisation of local government resources, the scarcity of personal protective equipment (PPE), and ambiguous operational rules.

Admirers: Inconsistent government communication during the crisis had a significant impact on public behaviour. People depended more and more on media sources and their own judgment when there was no clear and consistent policy direction. Confusion and non-compliance were caused by inadequate childcare assistance, sudden lockdown procedures, and uneven application of social distancing rules. Public discontent and inflationary pressures resulted from the disruption of supply networks caused by the suspension of vital services in some areas. Additionally, many people were unable to follow self-isolation instructions due to financial limitations, which decreased the overall efficacy of containment measures.

Japan's Partially Successful COVID-19 Management

Japan's experience with the COVID-19 pandemic is a case of partial success, when strong public compliance and efficient institutional processes outweighed political leadership shortcomings. The concerted efforts of officials and the orderly conduct of residents were crucial in reducing the pandemic's overall effects, even when leadership reactions were criticized. Japan's government refrained from politicizing the situation and instead took a cautious, non-confrontational stance throughout the early phases of the pandemic. But there was no urgency or clarity in the decision-making process. Despite the virus's worldwide spread, early attempts to move forward with the Tokyo Olympic Games showed a priority for economic and national pride over public health issues. Due to public protest, this judgment was later overturned. Despite the establishment of a coordinated scientific task group, its power and duties

remained unclear. Despite growing evidence of viral transmission, early border policies permitted international travel, including visits from China. Public trust was damaged by operational shortcomings, despite the implementation of subsequent steps, including the declaration of a national emergency and the distribution of protective masks.

Employees: Japan's robust and well-established healthcare system was crucial in containing the pandemic despite leadership difficulties. Targeted containment tactics were made possible by the nation's public health infrastructure, which is renowned around the world for its effectiveness. Local health officials advocated the widespread use of masks, imposed targeted restrictions, and made sure that social distancing guidelines were followed. Public health organizations successfully implemented these procedures, which greatly reduced the transmission of infection.

Admirers: Japan's partial success was largely due to public cooperation. Even in situations where leadership communication seemed inconsistent, citizens exhibited great levels of responsibility and discipline, closely following public health norms. The national response was reinforced by voluntary self-quarantine, broad acceptance of preventive measures, and involvement in awareness efforts. The common sense of social responsibility strengthened the efficacy of institutional initiatives and made up for leadership deficiencies.

Total Achievement in COVID-19 Management

Despite its weak healthcare infrastructure and low economic resources, Vietnam stands out as one of the best instances of managing a pandemic. The nation reported no deaths during the first wave of COVID-19 for several months in a row, demonstrating the efficacy of its leadership and group efforts. In charge Vietnam's leadership exhibited significant transformational traits by being proactive, taking decisive action, and communicating clearly. Even before the World Health Organization proclaimed COVID-19 a global pandemic, the government, which shares a lengthy border with China, moved quickly to close borders and put preventive measures in place. In order to emphasize national unity and put public health ahead of immediate economic rewards, the prime minister presented the crisis as a collaborative effort. To promote trust, openness, and social cohesion, a centralized task force was formed to coordinate responses at all levels of government.

Employees: As early as January 2020, public health organizations established emergency response systems in accordance with the government's proactive approach. Extensive procedures were strictly enforced, including contact tracking, targeted lockdowns, border surveillance, airport screening, and institutional quarantine. Rapid response mechanisms, community surveillance, and preventative healthcare all worked together to drastically lower infection rates and stop widespread deaths. The containment technique was further reinforced by

effective monitoring and voluntary disclosure of health information.

Admirers: Vietnam's prosperity was largely due to public cooperation. By following official orders, exercising self-quarantine, and actively taking part in awareness efforts, citizens demonstrated a high level of discipline and collective responsibility. Transparent reporting and monitoring of health data were made possible by digital tools, such as the NCOVI mobile application. Effective policy implementation was ensured by a strong feeling of civic duty and social solidarity. Vietnam's effective handling of the pandemic was found to be largely due to the alignment of public behavior, institutions, and leadership.

Comparative Perspective: Together, these case studies show how transformational leadership—which is defined by planning, organizing, fostering trust, and involving the public—is essential to crisis management. Long-term success during major crises like COVID-19 necessitates the merger of visionary leadership, efficient functionaries, and responsible citizen engagement, even though strong institutions and public collaboration can partially compensate for leadership shortcomings.

CONCLUSION

Globally, the COVID-19 epidemic has been a crucial stress test for political leadership, governance structures, and economy. It has created hitherto unheard-of difficulties for executors and administrators in carrying out these plans successfully while maintaining public confidence, as well as for leaders in creating timely and suitable tactics. The involvement of functionaries is equally crucial since the success of crisis management initiatives is determined by their capacity to implement policies. This study emphasizes how transformational leadership, which promotes a culture of safety, openness, and mutual trust between institutions and citizens, is essential in managing such complicated crises. The case examples covered in the study make it abundantly evident that strong coordination and collaboration between leaders, implementing agencies, and the general public are essential to successful pandemic management. Strong stakeholder alignment led to more cohesive, flexible, and successful national initiatives. Above all, public trust and legitimacy are more likely to be gained by leaders who put the nation's health, safety, and long-term welfare ahead of their own narrow self-interests or immediate political benefits. In addition to strengthening national resilience in times of crisis, these leaders become enduring role models for other nations as they tackle upcoming global issues.

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